

Norish plc (“Norish” or the “Company”)

13 November 2009

Director’s Share Dealing

Norish announces that it was informed on the 12th November 2009 of the purchase of 150,316 Ordinary Shares of nominal value €0.25 each by Ted O’Neill, Chairman at a price of 36.5 pence per share on 12th November 2009.

Following this purchase of shares, Ted O’Neill is the beneficial owner of 2,453,353 Ordinary Shares, representing 29% of the Company’s current issued share capital.

Enquiries:

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