

**Norish plc (“Norish” or the “Company”)**

**29 March 2009**

**Notification of Major Interest in Shares**

Norish announces that it was informed on the 27<sup>th</sup> March 2009 of the sale of 665,353 Ordinary Shares of nominal value €0.25 each by F & C Asset Management plc on the 26<sup>th</sup> March 2009.

Following the sale of shares, F & C Asset Management plc have no interest in the Ordinary Shares of Norish plc.

***Enquiries:***

**Norish**

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**NCB**

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